Mucocele and epidermoid cyst

Epidermoid cysts can be classified as either congenital or acquired [1]. Congenital types are thought to develop from congenital inclusions of ectodermal tissue during embryologic development, whereas acquired variants are believed to originate through implantation of epithelium, by either surgical or accidental trauma into deeper mesenchymal tissues [1]. Congenital and acquired varieties of epidermoid cysts cannot be differentiated microscopically or histopathologically. In both types, the wall of the keratin-filled cyst is lined by keratinizing stratified squamous epithelium, lacking skin appendages in the cystic wall [1].

Mucoceles are typically the result of traumatic damage to a duct and obstruction to the drainage of a minor salivary gland [2]. Whereas both acquired (implantation-type) epidermoid cysts and mucoceles have been described individually in the literature [1,2], their concomitant occurrence has not yet been documented, either at the same site or at different locations. Herein, we report on an uncommon and interesting case of simultaneous epidermoid cyst and mucocele occurrence in the lower labial mucosa.

**CONCURRENT EXTRAVASATION MUCOCELE AND EPIDERMOID CYST OF THE LOWER LIP: A CASE REPORT**

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An uncommon case of concurrent extravasation mucocele and epidermoid cyst in the lower lip of a 13-year-old boy is described. To our knowledge, there is no other report of such a concurrence, neither at the same site nor at different locations, involving these two lesions in the oral mucosa.

**Key Words:** epidermoid cyst, lip, mucocele


CASE PRESENTATION

A 13-year-old boy presented to the Oral and Maxillofacial Surgery Department of our institution, complaining of a painless, non-tender swelling over the left lower lip that had been present for approximately 1 year (Figure 1). The patient’s medical and family history were unremarkable, and, other than his habitual lower-lip biting, he was in good health. On clinical examination, the lesion was found to be a soft, non-tender, fluctuant, round submucosal swelling, approximately 1 cm in diameter. No submental or submandibular lymph nodes were palpable.

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**Figure 1.** A dome-shaped swelling is noted over the left lower lip of the patient.
The clinical findings were suggestive of an extravasation mucocele over the lower lip, and differential diagnoses included an epidermoid cyst, a minor salivary gland tumor, a lipoma or a lymphoid nodule. The lesion was completely removed by excisional biopsy, via a horizontal incision in the lower labial mucosa, while under local anesthesia. The specimen was sent to the Oral Pathology Department for histopathologic examination.

The lesion was found to contain two cystic cavities on low power microscopic examination (Figure 2). One of the cavities was a fibrous-walled cyst, completely lined by keratinizing stratified squamous epithelium and with no skin adnexae evident in the cystic wall (Figure 3A). Immunohistochemical staining revealed that the lumen was filled with degenerating parakeratin (Figure 4A) and a histologic diagnosis of epidermoid cyst was made. Microscopic examination of the other cavity of the lesion identified a luminal area containing mucin, as demonstrated by mucicarmine histochemical staining (Figure 4B), and chronic inflammatory cells surrounded by a rim of granulation tissue (Figure 2). No true epithelial lining was observed (Figure 3B). Some minor salivary gland acini were also found (Figure 2). A histologic diagnosis of extravasation mucocele was made. Thus, the final diagnosis was one of an epidermoid cyst and concomitant mucocele of the lower lip. Furthermore, the epidermoid cyst was observed to be on the far side of the extravasation mucocele from the minor salivary gland acini (Figure 2). No recurrence was noted 2 years after total excision.

DISCUSSION

Skin appendages in the cyst’s connective tissue wall seen on microscopic examination are what distinguish dermoid cysts from epidermoid cysts. The reported lesions of epidermoid cyst do not have the skin appendages [2]. Epidermoid and dermoid cysts of the head and neck constitute only about 7% of all such cysts.

Some (25%) of these head and neck cysts develop in the floor of the mouth, with the remainder generally found in the tongue, lips, palate and jaws [3,4]. Epidermoid cysts of
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Traumatic origin are typically reported on the palms, fingers and soles [5]. Only a small number of cases with authentic evidence of trauma have been described in oral and perioral soft tissues, namely, four in the mouth floor [6–9], four in the lower lip [1,6,10,11], and one in the tongue [12]. All of the previously reported cases exhibited a firm, fluctuating swelling and were predominantly in males [1,6–12]. The present case was, therefore, generally in keeping with previously reported cases [1,6–12].

Extravasation mucoceles are usually the result of traumatic damage to a duct and obstruction to the drainage of a minor salivary gland [13]. They typically present as a dome-shaped mucosal swelling and are common in children, owing to their likelihood of experiencing trauma [13]. The lower lip is the most common site, accounting for at least 75% of presentations. Less common sites include the buccal mucosa, anterior ventral tongue and mouth floor [13]. The findings of our patient were quite consistent with previous reports in the literature.

Whereas both acquired epidermoid cysts and extravasation mucoceles have been described individually in the literature [1,13], their concomitant occurrence, either at the same site or different locations, has not to our knowledge been previously documented. As both entities share a common traumatic etiology, nothing would prevent both types of lesions to occur simultaneously. In our patient, it was unclear whether the two lesions developed simultaneously or if one preceded the other.

Microscopically, the epidermoid cyst was located on the far side of the extravasation mucocele from the minor salivary gland acini, and hence it appears likely that the length of duct between the mucocele and the surface of the oral mucosa was the origin of the epidermoid cyst. Furthermore, there were ingrowths of the wall into the lumen of the extravasation mucocele, suggesting that the wall has limited the spread of mucus, and reduced the size of the ductal lumen. This supports the suggestion of an absence of mucus in the proximal duct section.

If the wall of an extravasation mucocele completely prevents the flow of mucus along this part of the duct, the epithelial lining of the duct could conceivably proliferate and develop an epidermoid cyst. A related phenomenon has been shown by Harrison [14], who described the squamous metaplasia of the length of a duct associated with mucocele. Therefore, based on the aforementioned microscopic findings, it seems reasonable to predict that the extravasation mucocele would have been formed prior to the epidermoid cyst.

From observation during excisional biopsy and examination of the excised gross specimen, both lesions had no connection to the skin of the chin area. This point of view was further confirmed on multiple sections of the specimen. Therefore, we were confident that the epidermoid cyst had developed along the duct, between the mucocele and the surface of the lower lip mucosa.

REFERENCES


Figure 4. (A) Immunohistochemical staining shows that the lumen of the epidermoid cyst is filled with parakeratin (avidin–biotin–peroxidase complex, x100); (B) the luminal area of extravasation mucocele shows the presence of mucin (mucicarmine, x100).
同時發生在下唇之黏液囊腫與表皮樣囊腫—病例報告

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本報告為黏液囊腫與表皮樣囊腫同時發生於13歲男孩下唇部之不尋常病例。據我們的了解，文獻中並無此兩種囊腫同時發生於相同或不同部位口腔黏膜之病例。

關鍵詞：表皮樣囊腫，下唇，黏液囊腫
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